## RESOLUTION NO. 3867 BEFORE THE GOVERNING BOARD OF THE CLOVIS UNIFIED SCHOOL DISTRICT FRESNO COUNTY, CALIFORNIA

## Mental Health Awareness Month May 2022

**WHEREAS**, mental health challenges are one of the most common health conditions in California, affecting and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

**WHEREAS**, according the National Alliance for Mental Illness (NAMI), one out of four people suffer from some form of mental illness in a given year; and

**WHEREAS**, one out of every twenty-four Californians with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

**WHEREAS**, every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

**WHEREAS**, more Californians have expressed experiencing challenges to their mental health during the pandemic and are increasingly asking for supports; and

**WHEREAS**, recovery can and does happen, and all Clovis Unified students and employees should know that support and help is available regardless of any individual's situation; and

**WHEREAS**, creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

**WHEREAS**, the Clovis Unified School District wishes to enhance public awareness of mental health.

**NOW THEREFORE, LET IT BE RESOLVED** that we do hereby proclaim May 2022 as Mental Health Awareness Month in Clovis Unified School District to enhance public awareness of mental health to help end the stigma, increase awareness, and support wellness and recovery efforts for the students and staff of Clovis Unified School District.

**THE FOREGOING RESOLUTION** was adopted by the Governing Board of the Clovis Unified School District of Fresno County, California, at a regular meeting of said Board duly held on the 4th day of May, 2022, by the following vote:

AYES:	
NOES:	
ABSENT:	
ABSTAIN:	
	Tiffany Stoker Madsen, President
	Governing Board
	Clovis Unified School District
	Fresno County, California
I, Yolanda Moore, Clerk of the Governing Board of the Clovis Unified School	
District, County of Fresno, State of California, do hereby certify that the foregoing is a true	

copy of the resolution adopted by said Board at a regular meeting thereof, at the time and by the

vote therein stated, which original resolution is on file in the office of said Board.

Yolanda Moore, Clerk Governing Board Clovis Unified School District Fresno County, California