

Coordinated School Health Committee

Bi-annual Report Prepared by:

Robert Schram, Director of Campus Catering

Jeanne Prandini, Director of Nursing Services

What is the Coordinated School Health Committee?

- The committee is comprised of community members, employees, students, Psychologists, Parents, Nurses, medical professionals, and more.
- Committee meets twice per year and is led by the Director of Campus Catering and Director of Nursing Services.
- Purpose is to develop, implement, monitor, and review coordinated school health policies and serve as a resource for implementing these policies.
- Recommends changes, improvements, and adjustments to existing coordinated school health policies.

Whole Child, Whole Community, Whole Child



- Committee focuses on the following ten components:
 - Physical Education & Physical Activity
 - Nutrition Services Environment & Services
 - Health Services
 - Counseling, Psychological & Social Services
 - Social & Emotional Climate
 - Physical Environment
 - Employee Wellness
 - Family Engagement
 - Community Involvement
 - Health Education

Walk to School Events

- At CUSD Walk to School Events:
 - Vendors provide educational materials for students
 - Yoga demonstration were provided
 - Clovis Police Department ensured participants were provided with a safe path
 - City leaders provided words of encouragement
 - School mascots brought school spirit



Mobile Dairy Assemblies



- The Dairy Council of California visited several school sites
- What students learn at the assembly:
 - The anatomy of a dairy cow
 - How milk goes from a cow to their school/home
 - The agricultural technology used on dairy farms
 - The many different foods made from milk

CUSD Employee Diabetes Education

- Classes began March 10, 2020
- A partnership with the California Health Collaborative and Saint Agnes Medical Center.
- Diabetes management Program focusing on diabetes risk factors, complications, nutrition, physical activity, use of glucose meter and medications, building partnerships with a diabetes healthcare team and psychological effects of illness.

Schools for Healthy and Thriving Students: A Wellness Policy Consortium

- New project sponsored by Valley Children's Healthcare and the Center for Wellness and Nutrition
- Team members include:
 - Simran Kaur, MPH Community Health Director Valley Children's Health Care
 - Jane Alvarado-Banister Program Manager Center for Wellness and Nutrition
 - Dr. Carmela Sosa Medical Director, Primary Care Valley Children's Healthcare, who addressed the need for healthy bodies, healthy minds, and the impact of schools have in this goal.
 - Dr. Albert Vu Resident Physician Valley Children's Healthcare

Team Members, cont.

- Katherine Hawksworth, MPH, CHES Program Manager, Center for Wellness and Nutrition, who addressed Whole School, Whole Community, Whole Child: A collaborative approach to learning and health.
- Cyndi Dean, MA Program Coordinator Department of Safe & Healthy Kids Fresno County Superintendent of Schools
- Michael Danzik, MPH, RD Nutrition Education Consultant California Department of Education, who addressed local school wellness policies – fulfilling the requirements to create a healthy school environment.

Other Committee Outcomes

- Vaping Awareness
 - Buchanan student related the impact that vaping is having on the student body population on campus from his perspective.
- Stop the Bleed Presentations
 - A program designed to educate lay school site personnel re: readiness for life-saving procedures in the case of an emergency on campus (i.e.) active shooter, lockdown.

Next Steps

- Committee will continue to monitor established programs.
- The Committee will schedule two meetings for the 2020-21 school year.
 - Meetings will be shared with the Board.
- Next Board update scheduled for April 2022.